

# PAVHC 2020 Annual Report

## 2020 Statistics

- 991 Medical Visits
- 424 STOP B Patients Screened
- 170 Mental Health Encounters
- 170 No Pain Initiative Patients Received Services
- 110 Benefit Enrollment Applications
- 566 GAAP Hotline Calls
- 400 COVID-19 Hotline Calls
- 23 Online Psychological Groups
- 19 Zoom Health Seminars

# Medical Services

#### CCACC Health Medical Service CY2020

Programs	<b>Service Counts</b>
Montgomery Cares	469
Commerical Insurance	101
Medicare/Medicaid	207
Self Paid	214
Total Encounters	991

Self Paid 22%

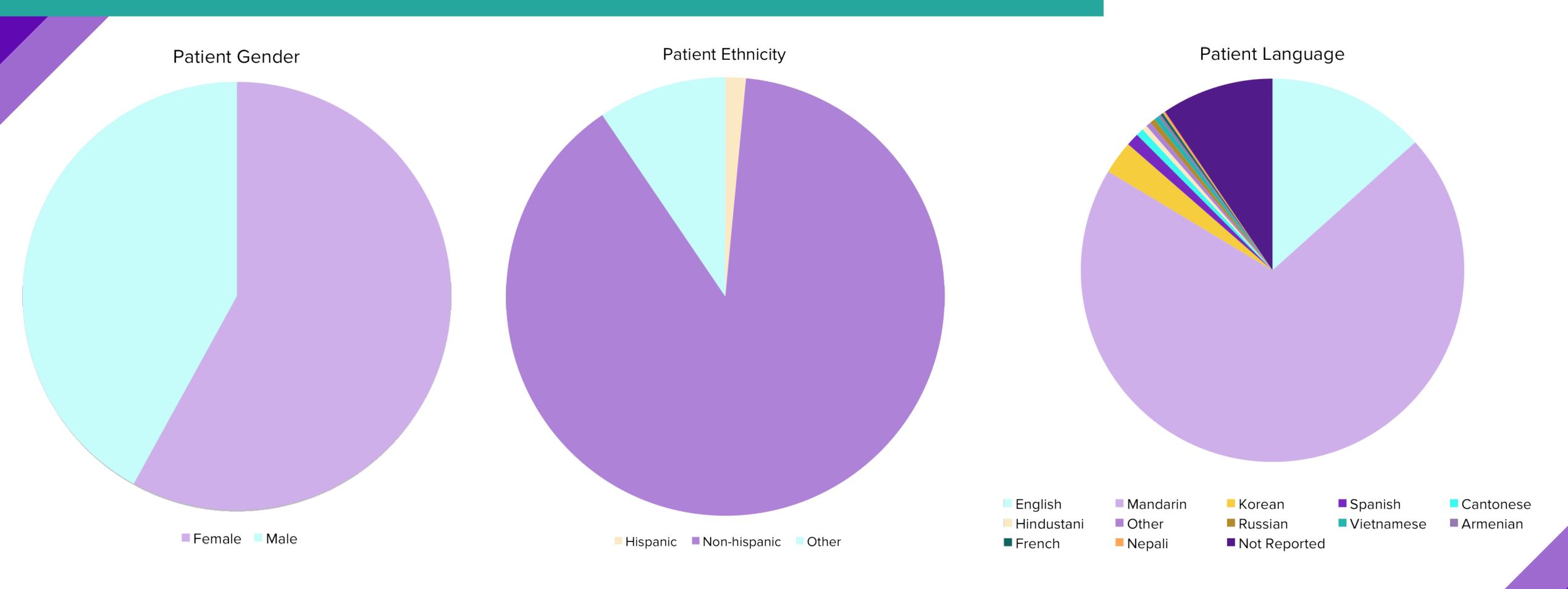
Commercial Insurance 10%

Medicare/Medicaid 21%

Montgomery Cares 47%

# Medical Services

## Patient Background



## Medical Services

- Served the community during the pandemic
- Expanded services
- Established CCACC Health Center
- Solidfied an insurance program
- Started a rehabilitation center



## COVID-19 Response



- •Restructured the way we provide medical services telehealth
- •Offered public health services (COVID-19 Testing and Community Relief Assistance)
- Advocated for resources
- Provided health education
- Created a COVID-19 Information Hotline and a GAAP Hotline
- Started a meal delivery program
- Donated PPE

## STOP B Program

- Expanded the STOP B Program
  - Hep B Demostration Grant (2 years)
- The Academic-Community-Government Partnership to Reduce Liver Diseases Attributable to Hepatitis B Virus in the Washington-Baltimore Metropolitan Area
- Reached out to the Korean community



## STOP B Program - Statistics



- 432 Screened
- 101 Vaccinated
- 12 Treated In-house or Referred

## Mental Health 360

#### Community Mental Health Services

- •NPI: Chronic Pain Management Panel
- Village Program: Support Families with Special Needs Children
  - <sup>o</sup>Partnered with Professor Sarah Dababnah from the University of Maryland and with CAPA-Montgomery County
- Zoom Meetings
  - °5.29: Stress Management during the Pandemic
- °6.12: Caring for Demented Seniors
- °6:19: Parenting
- <sup>o</sup>Weekly: Online Social Events with ADHC seniors



#### Mental Health 360 - Statistics



#### **Psychiatric Visits**

- 5 Patients
- 34 Visits

#### **MH Counseling Visits**

- 32 Patients
- 136 Visits

### No Pain Initiative

- •Addressed chronic pain with a non-medicated approach
- •Awarded two-year grant by Maryland CHRC and Aetna Better Health
- •Started the physical therapy and behavioral health service model
- •Explored new platforms for delivering NPI service during the pandemic
- Served 170 patients provide intensive pain management services



### No Pain Initiative - Events



- •Chronic Pain Self-Managment Workgroup
- Panel Discussion on Chronic Pain Self-Management

#### **Contributors**

- Zirong Zhao, MD
- Jennifer Cheng, MD
- Wei Cui, MD
- Hang Wang, MD
- Xiaoping Shao, MD
- Ling Chin, MD

#### Rehabilitation Services

- Began serving patients in November 2020
- Service Model: Rehabilitation +
   Behavioral Health Services
- •Empowered patients to take control of their own pain and depression



#### Prevention for All



- Provided No Barrier Essential Preventive
   Services to all
  - ONO Barrier Services: transformed Annual Health Fair to Prevention Health Months
- Provided health check
- Offered free cancer screening services
- Provided monthly prevention services and education to the community
  - °178 community members who lacked access to essential health care services received a physical checkup and free lab services
  - <sup>o</sup>Hep B/Help C screening and vaccination

## Community Advocacy

- •Partnered with ACAP-MAC and met with County Health Officer, Dr. Travis Gayles, to discuss emergency preparedness
- •Held press conference to inform the public
- Set up COVID-19 Testing Site for
- community members
- Assisted community healthcare providers with COVID-19 testing





## Bilingual COVID-19 Hotline

- Provided COVID-19 related health information
- Offered medical consultation and triaged patients to care
- Provided mental health counseling during the pandemic
- Received over 400 calls

Hotline: 301-798-6001

## Bilingual GAAP Hotline

- Created a Grant Application Assistant Program for Economic Relief hotline
- •Provided grant information on economic relief from federal, state, county, and private foundations
- Assisted low-income seniors with benefit enrollment
- Delivered food to low-income, homebound community members
- Service Data

°566 calls, 110 benefit screenings, 1397 delivered meals





#### Health Education

- •Dr. Yaoyao Zhu talked about COVID-19 precautions on public television in Chinese
- •Shared updated health information on our website and social media
- Hosted weekly health talks on Zoom
   19 Zoom seminars covering health and COVID-19 relief topics

## PPE Donation

 Donated personal protective equipment to frontline medical workers



# Special Events

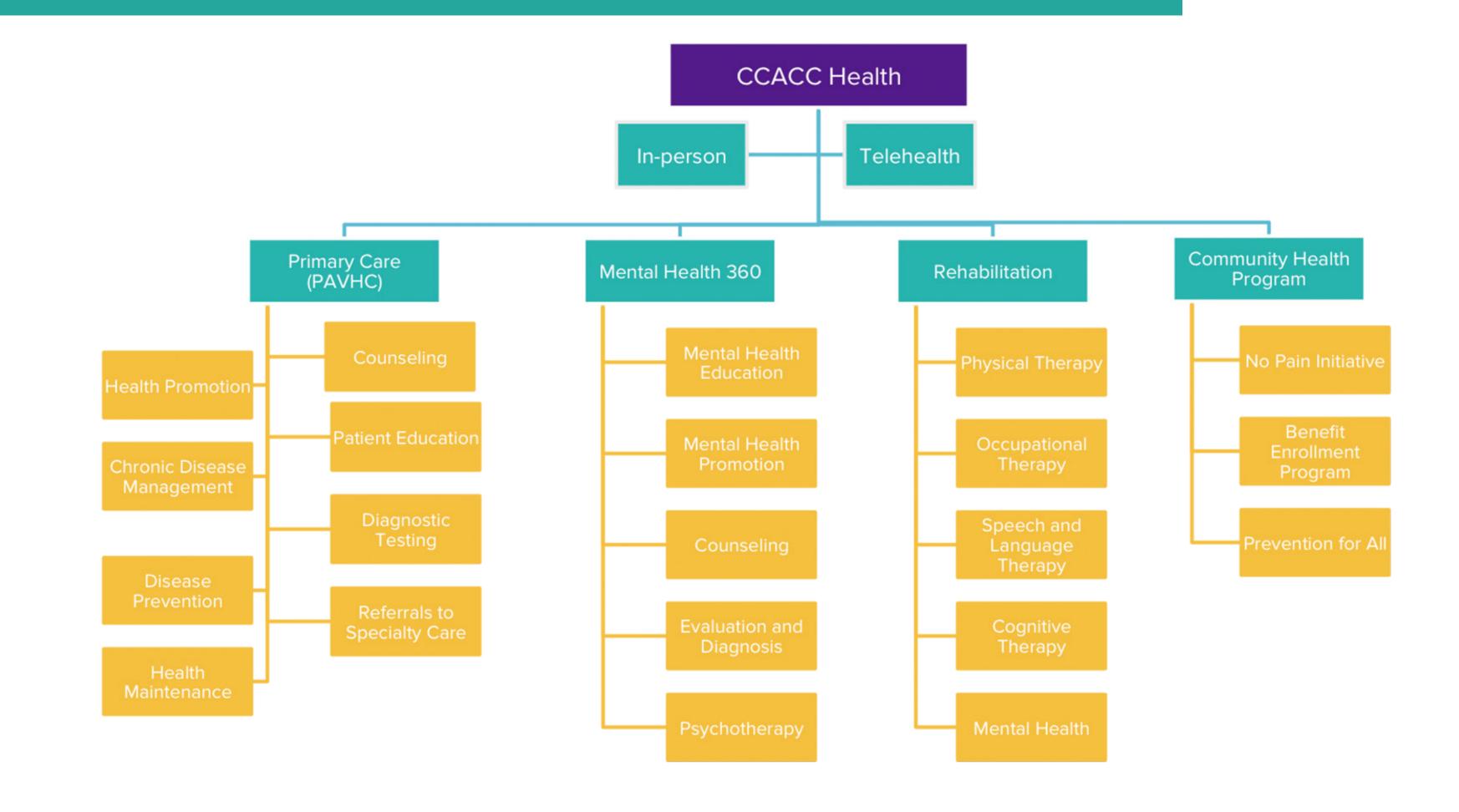
- Hosted two Blood Drives during the pandemic
- •One of the most successful community drives in the Local Red Cross's history
- Collected over 49 pints of blood

The blood collected from these donations can potentially save 141 lives



# 2021 Initiatives

#### **CCACC Health Center**



## 2021 Initiatives

#### **Prevention for All**

- Monthly health talks
- Free screenings for eligible patients
- Health consulation

#### Mental Health 360 & Telehealth Services

- Chronic Disease Management Program (online and in-person)
- PEARLS: Program to Encourage Active Rewarding Lives
- Community Health Worker Program

#### Grantors

- Maryland Community Health Resources Community
- Montgomery County Government
- Office of Minority Health
- City of Rockville
- National Council of Aging
- Greater Washington Community Foundation



## **Community Partners**

- Asian American Health Initiative (AAHI)
- Association for Chinese American Physician Mid-Atlantic Chapter (ACAP-MAC)
- Asian American Center of Frederick (AACF)
- Asian American Inter Community Service (AICS)
- Chinese American Community Health Service (CACHS)
- Chinese American Parents Association Montgomery County (CAPA-MC)
- George Washington University, School of Nursing
- Hep B Initiative DC (HBI-DC)
- Korean Community Service Center (KCSC)
- LabCorp
- University of Maryland, School of Psychology
- University of Maryland, School of Public Health
- University of Maryland, Institute of Human Virology
- US Center for Chinese Medicine (USCCM)

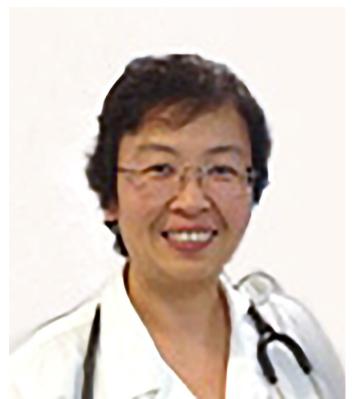


## Frontline Medical Team

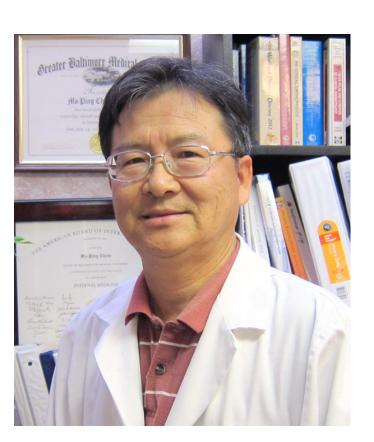
#### **Telemedicine Team**

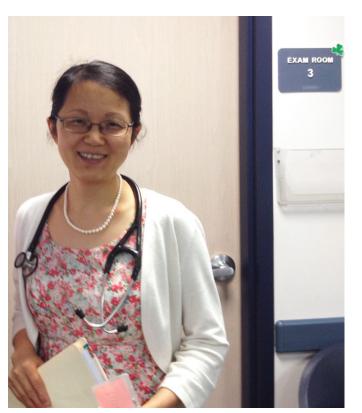
- Dr. Yaoyao Zhu
- Dr. Qiufang Cheng
- Dr. Mo-ping Chow
- Dr. Xiaoping Shao
- Dr. Ling Yang
- Dr. Lei Xu











### Frontline Medical Team

#### **On-site Health Service Team**

- Huixing Lu, LCSW-C
- Jihyun Do, CRNP
- Henriette Dawgang, CRNP
- Yanjing Zhang, RN
- Hsiaoyin Chen, LMSW
- Huiming Liu
- Tanasha Gedeon



### Hotline Workers

- Joy Way
- Huiming Liu
- Hsiaoying Chen
- Peiti Kao
- Huixing Lu
- Yanjing Zhang
- Tammy Lee
- Li-fang Liu



